Orthopedic Outpatient Surgery Orders – Preoperative

1. Admit to Inpatient ☐ Place in Observation ☐
2. To outpatient surgery for planned procedure.
3. Dr. ____________________
4. Diagnosis:
5. Planned surgical procedure:
6. Allergies/unfavorable effects (note reaction):

7. Equipment:
   8. NPO after midnight ☐ NPO after midnight except medications

9. Physical/occupational therapy prior to discharge
   - Crutch / gait training
   - Physical therapy - lower extremity exercise   R   L
   - Occupational therapy - upper extremity exercise   R   L

10. Pre-operative evaluation:
    - CBC
    - Basic Metabolic Panel
    - Urinalysis
    - Type and screen
    - Liver Enzyme Panel
    - Baseline PT/INR if patient on warfarin (Coumadin)
    - CXR - Indication: ______________________
    - EKG - Indication: ______________________

11. Antibiotic prophylaxis:
    - Cefazolin 2 gm IVPB 30 min prior to incision and every six hours while in surgery
      - If patient allergic to penicillin:
        - Clindamycin 600 mg IVPB 30 minutes prior to incision x 1
      - If patient has suspected MRSA colonization (in addition to above antibiotic):
        - Vancomycin 1 gram IVPB x 1 (must be given within 2 hours prior to incision)

12. TED hose to non-operative lower extremities

13. For total joint replacement surgery:
    - Oxycodone (OxyContin) 20 mg PO x 1 dose for pre-op analgesia
    - Pregabalin (Lyrica) 150 mg PO x 1 dose for pre-op analgesia
    - Celecoxib (Celebrex) 400 mg PO x 1 dose for pre-op analgesia
    - Acetaminophen (Tylenol) 1 gram PO x 1 dose for pre-op analgesia.
    - Tranexamic Acid 1 gram IV x _______ doses to be given in OR


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Physician Signature / Print Name / Date / Time   Beeper No.